

analysis to advance the health of vulnerable populations

Long-Term Care Payment Advisory Committee

Discussion of Rate Methodology for Community-Based Services: Personal Care

| State Plan Personal Care | | | | | |
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| Maryland's Current Rate Structure | Options | Pros | Cons | | |
| Client must need assistance with 1 or more activities of daily living (ADLs) | Pay according to a specified unit of service (e.g., hour, 15 minutes) | Payment would more closely correspond to actual units of service delivered | May be somewhat less flexible than per diem rates | | |
| Per diem rates vary by level of care Level 1 (usually 1-2 hours): \$12.74 Level 2 (usually 2-4 hours): \$25.48 Level 2B (usually 6+ hours): \$38.23 Level 3 (care available 24 hours): \$55.21 | | | Administratively more complex; would require record-keeping of units of service provided State spending would likely increase | | |
| • Rates adjust annually by the increase in the March Consumer Price Index for All Urban Consumers (CPI-U), all items component, for the Washington- Baltimore area; annual increase can be no more than 5%, budget permitting | Pay different rates for agency providers versus independent providers | Recognizes management and overhead costs of agency providers including worker's compensation and unemployment insurance | Could result in a more complex rate structure Depending on how rates were adjusted, could result in higher overall State spending | | |
| | Pay lower rates, per person, for households with 2 or more clients | Recognizes efficiencies in caring for 2 or more clients simultaneously | Clients may have very different needs, so may be administratively complex | | |

| State Plan Personal Care | | | | |
|-----------------------------------|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Maryland's Current Rate Structure | Options | Pros | Cons | |
| | Pay different rates for different geographic regions of the state | Would recognize geographic variations in wages, transportation, etc. | Rates would require periodic updating based on information on regional wages and other input costs Could be administratively difficult | |
| | Pay enhanced rates to agencies that provide health insurance or other benefits to workers | Would encourage agencies to provide benefits | to implement Could create a more complex rate structure and potentially greater cost to the State Would require monitoring by the State | |



| Living at Home and Older Adults Waivers: Personal/Attendant Care | | | | |
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| Maryland's Current Rate Structure | Options | Pros | Cons | |
| For Living at Home (LAH) Waiver and the Older Adults Waiver (OAW) client must require nursing home level-of-care Both waivers pay different rates for agency versus independent providers OAW pays a different rate for medication administration | Pay the same rates for LAH and OAW | Greater equity in payment structure May be able to have one point of provider entry if payment and required credentials are the same | Could reduce rates for certain providers | |
| Rates increase on July 1 each year by the lesser of: 2.5% or the change from March to March in the CPI-U all items component, Washington-Baltimore, US Dept. of Labor, or budget constraints | For LAH, pay different rates for providers who administer medications | Would help align LAH and OAW rates | Adds administrative complexity since need to track whether medication administration is involved; client needs may change over time | |
| LAH Waiver Rates: Attendant care (consumer-employed provider): \$13.06 Attendant care (agency provider): \$16.69 OAW Waiver Rates: Attendant Care (self-employed, no meds): \$9.97 | | | Would require credentialing of LAH providers, as a certified medicine aide or registered medication assistant per COMAR Could result in rate reductions for LAH providers who do not | |
| Attendant Care (self-employed, with meds): \$13.00 Attendant Care (agency, no meds): \$12.75 Attendant Care (agency, with meds): \$16.61 | Pay different rates for providers who perform higher levels of care | Recognizes different training and skill levels of providers Potentially improve quality of care by increasing skill level, retention of workers | administer medications Could increase State spending | |
| | Pay lower rates, per person, for households with 2 or more clients | Recognizes efficiencies in caring for 2 or more clients simultaneously | Clients may have very different needs, so may be administratively complex | |



| Living at Home and Older Adults Waivers: Personal/Attendant Care | | | | |
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| Maryland's Current Rate Structure | Options | Pros | Cons | |
| | Pay different rates for different geographic regions of the state | Would recognize geographic variations in wages, transportation, etc. | Rates would require periodic updating based on regional wage studies, etc. | |
| | | | Could be administratively difficult to implement | |
| | Pay enhanced rates to agencies that provide health insurance and other benefits to workers | Would incentivize agencies to provide benefits | Could create a more complex rate structure and potentially greater cost to the State | |
| | | | Would require monitoring by the State | |

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