



The Hilltop Institute

analysis to advance the health of vulnerable populations

The Evaluation of the New Jersey Care Partner Support Pilot Program: Preliminary Findings

September 13, 2011

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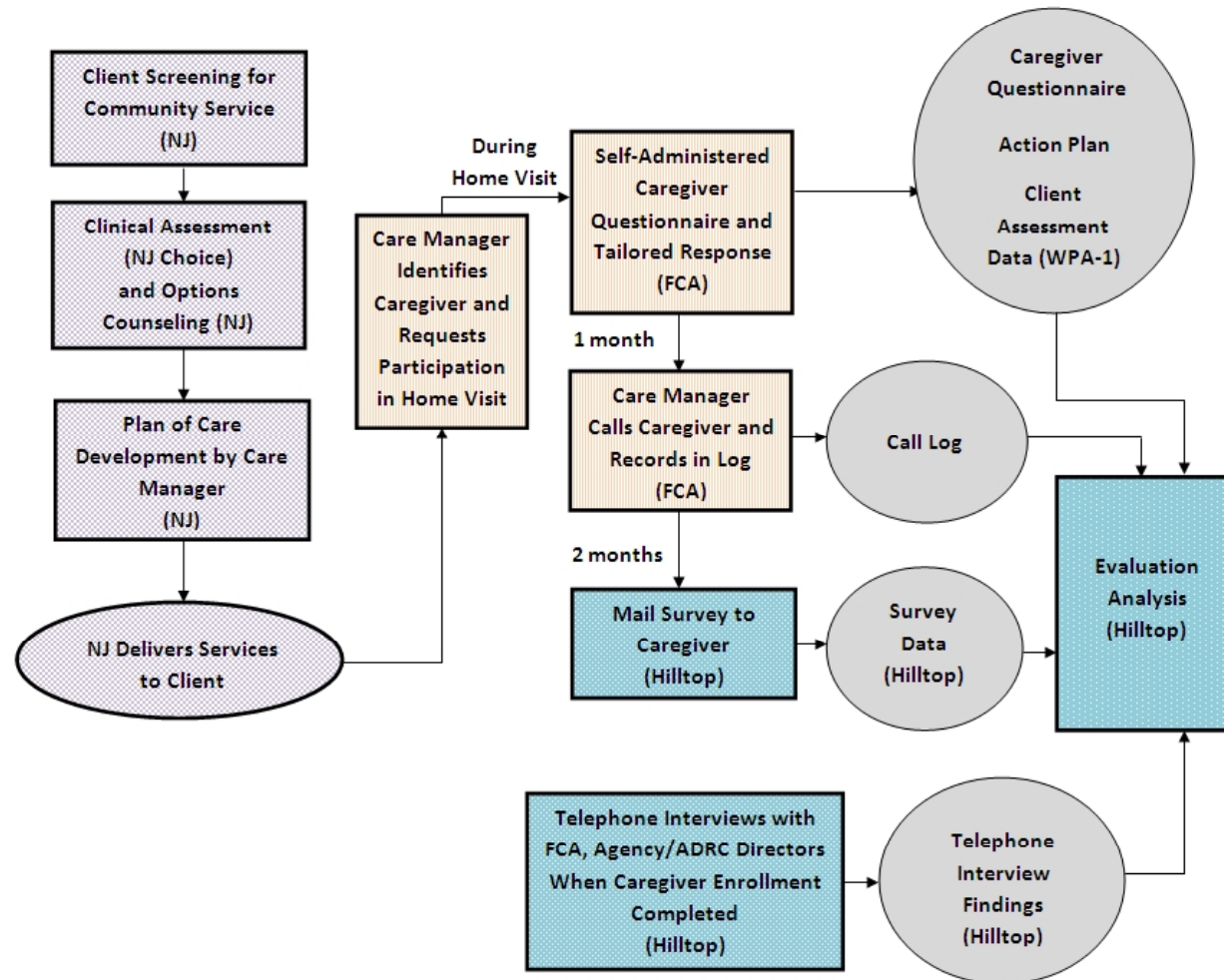
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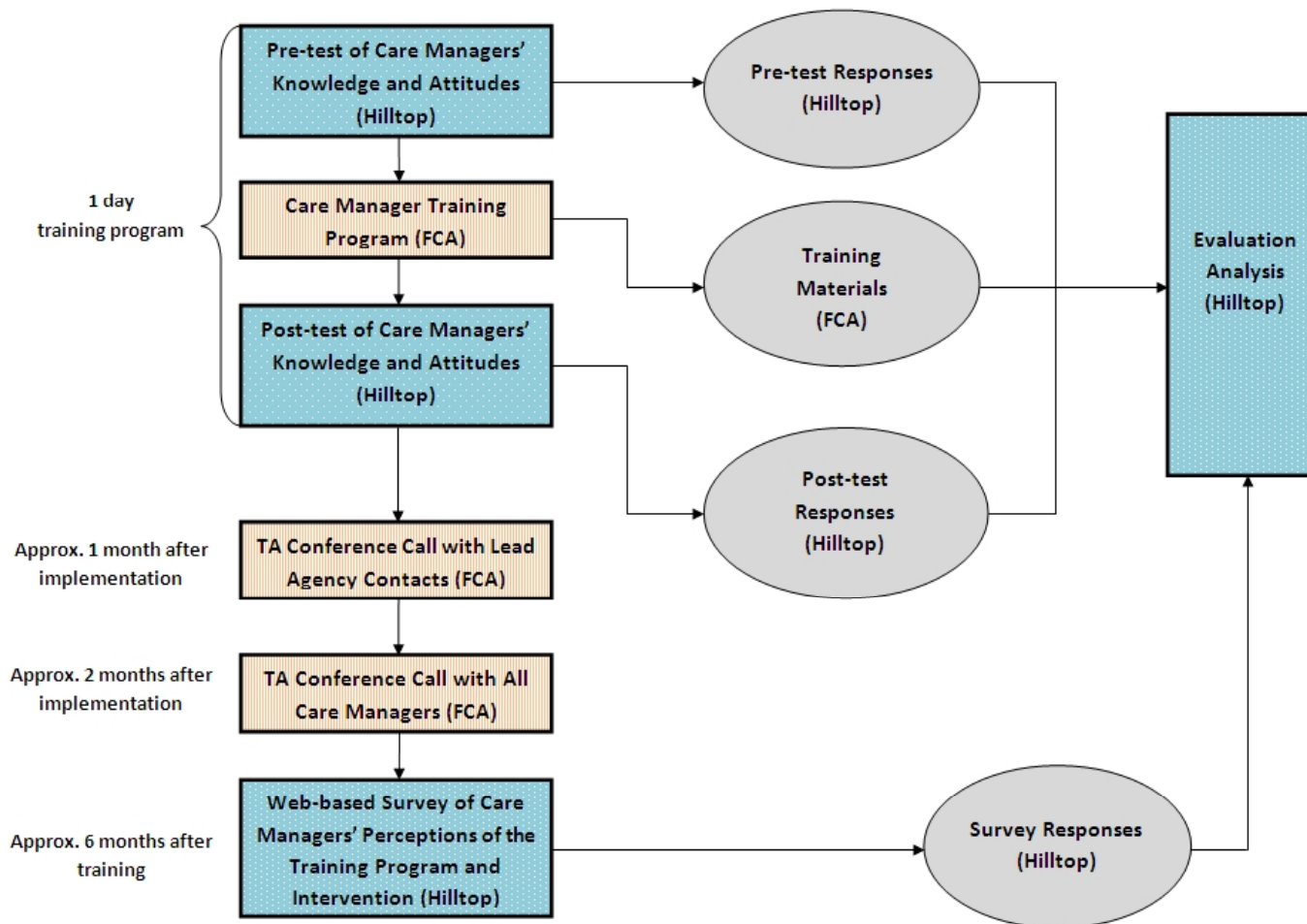
Overview of Presentation

- Overview of pilot program and data collection
- Profiles of:
 - Care managers
 - Care recipients
 - Caregivers
- Project status and next steps with the evaluation

The pilot program was conducted and data was collected as follows:



In addition, care managers were trained and later interviewed.



New Jersey's care managers were experienced professionals.

- On average, the 16 care managers had more than 8 years of experience, with years of experience ranging from 1 to 17 years
- 50% have been a caregiver to a friend or relative outside of their professional responsibilities
- 88% have backgrounds in social work
- 94% agreed or strongly agreed that the role of the care manager includes providing support to caregivers

Who were the care recipients?

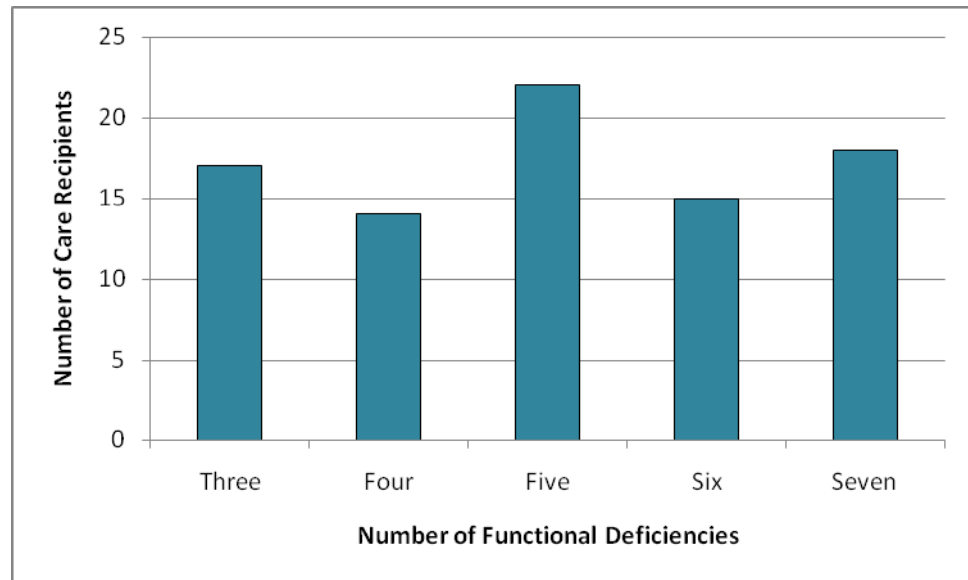
- 86 care recipients from 4 counties: Atlantic, Mercer, Monmouth, and Warren Counties
- 73% were Medicaid Global Options Waiver participants; 27% were Jersey Assistance for Community Caregiving (JACC) participants
- 65% had a cognitive impairment at the time of their last evaluation

Care recipients required assistance and supervision with at least three functional deficiencies.

- All care recipients had functional deficiencies* in at least 3 areas
- Nearly 21% had deficiencies in all 7 measured areas

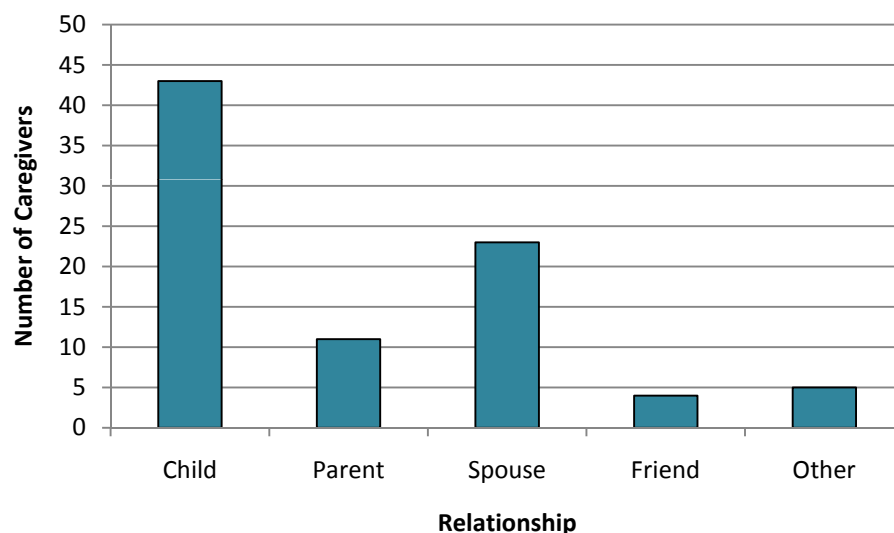
*Seven functional deficiencies: bathing, dressing, toileting, transferring, locomotion, bed mobility, eating.

Source: NJ Form WPA-1.



Source: The Hilltop Institute

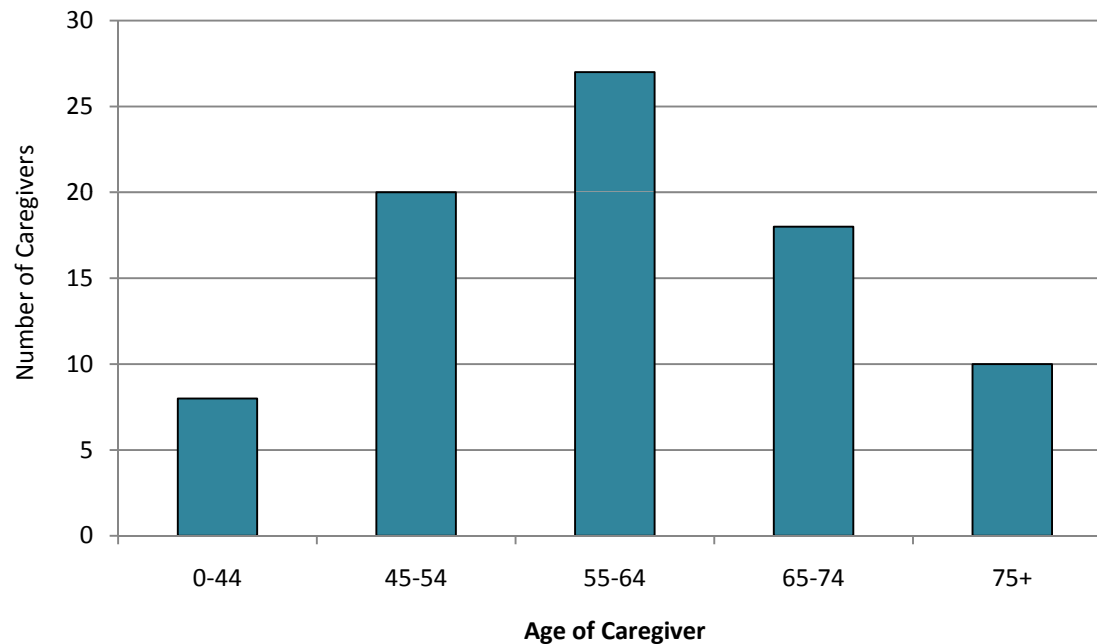
Caregivers were most often female and the children or spouses of the care recipients.



Source: The Hilltop Institute

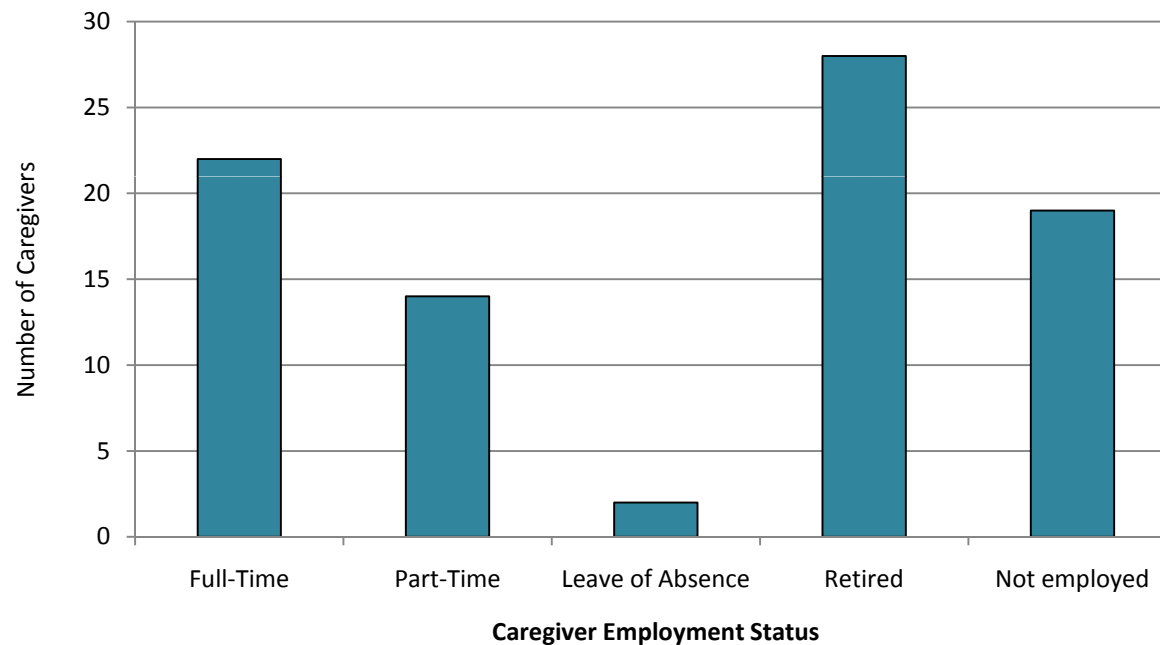
- 50% of caregivers were children and 27% were spouses
- 13% of caregivers were parents of the care recipient
- 86% of caregivers were female

The average age of caregivers was 60 years, but there was wide variation.



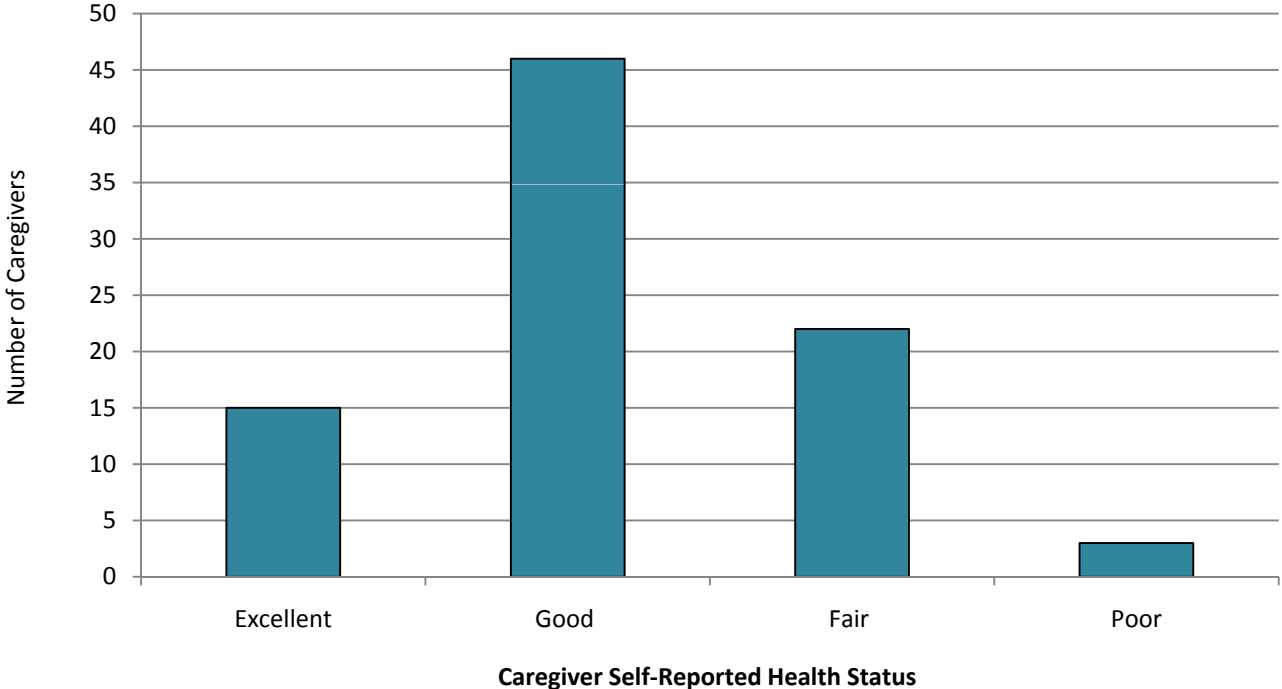
Source: The Hilltop Institute

More than half (58%) of caregivers were not working



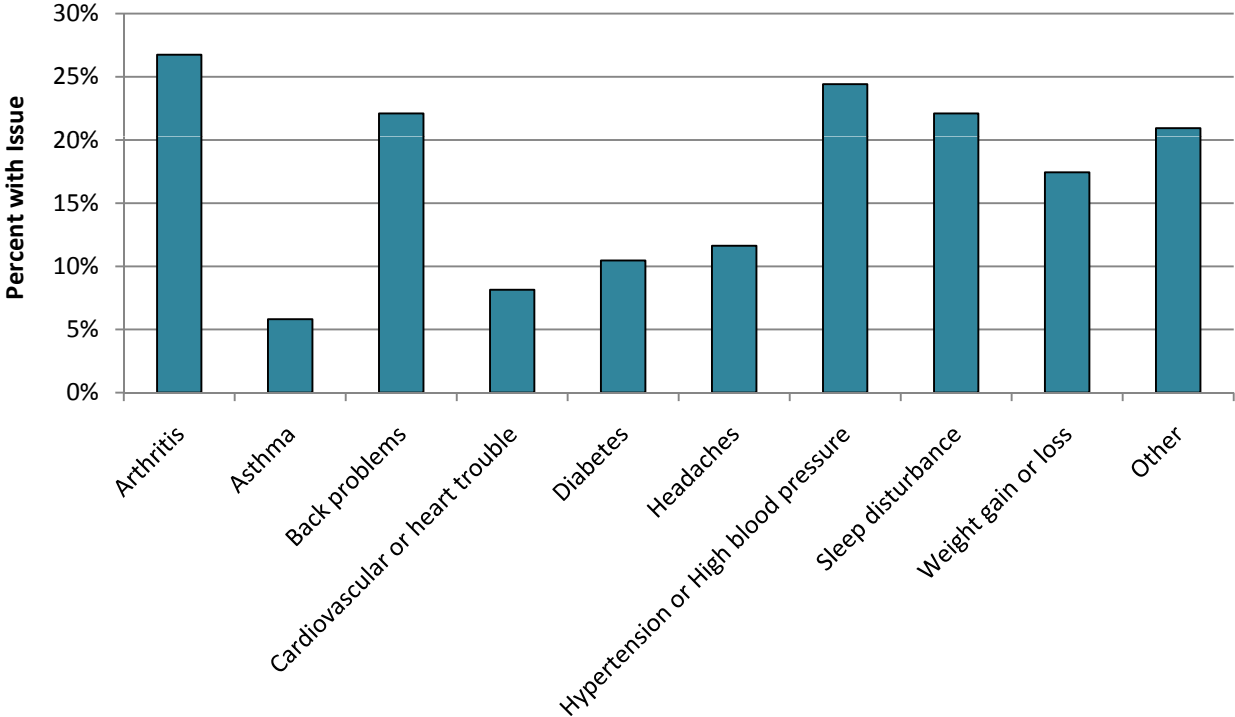
Source: The Hilltop Institute

Most caregivers (70%) reported that they were in excellent or good health ...



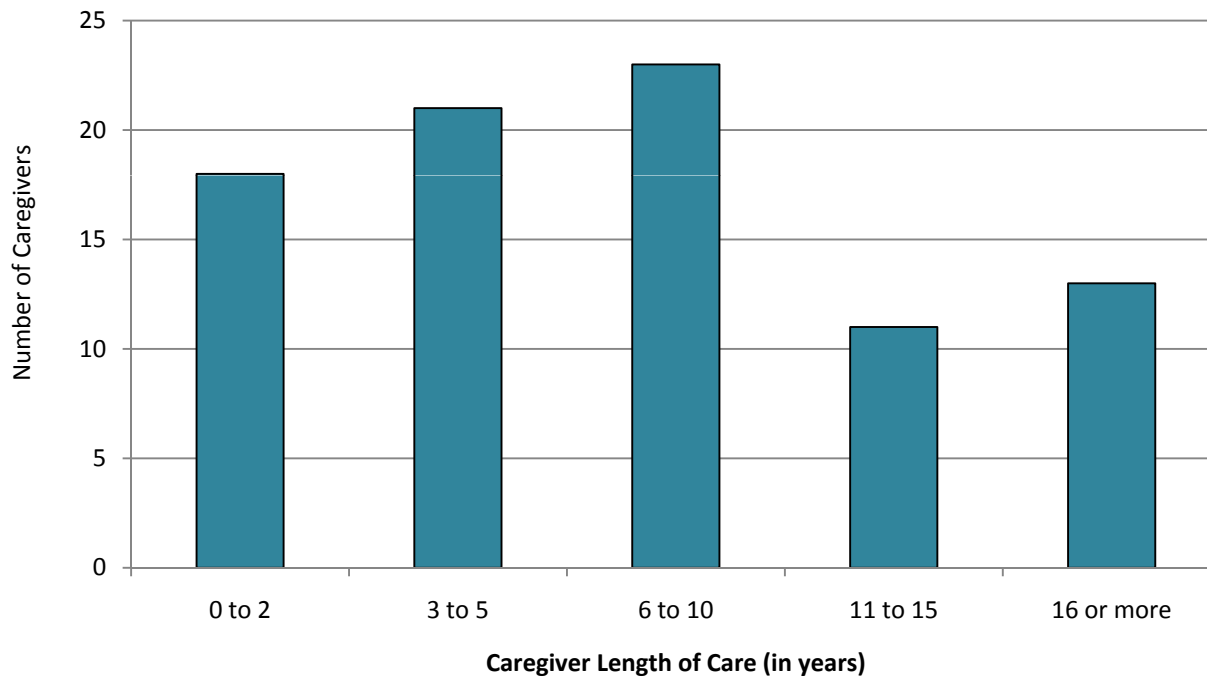
Source: The Hilltop Institute

... yet 68% of caregivers reported health issues that got in the way of their caregiving duties.



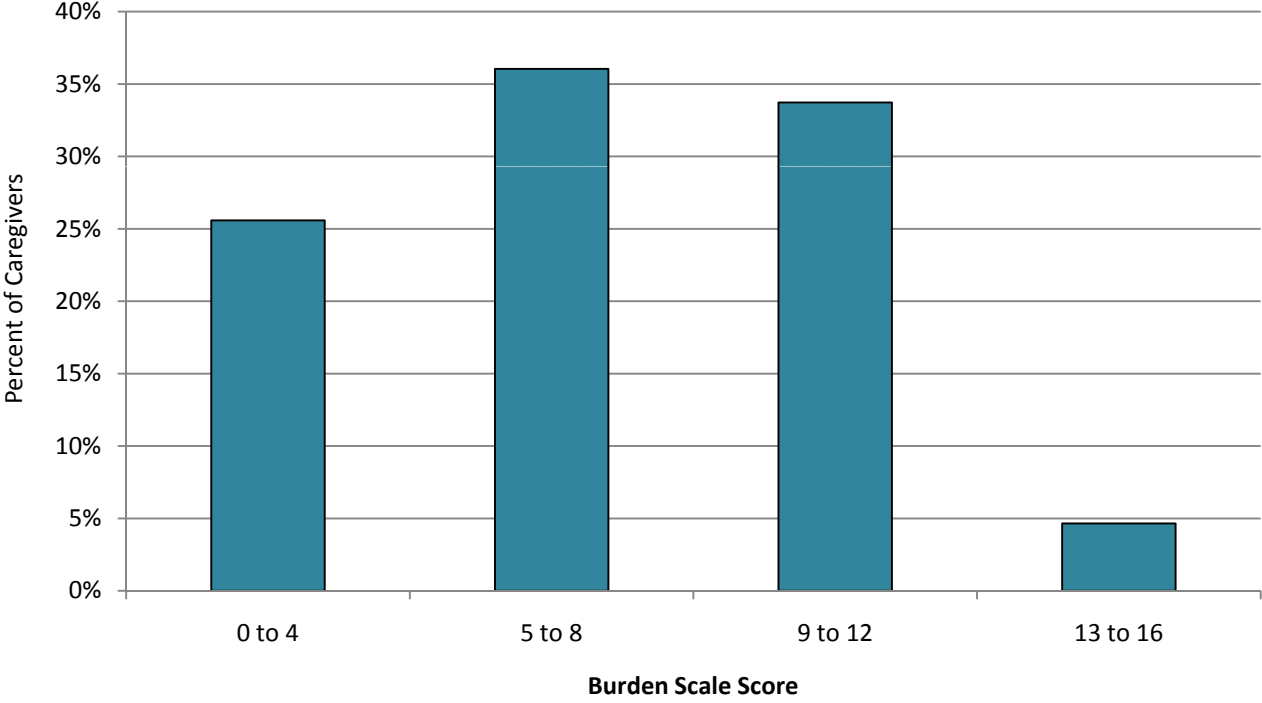
Source: The Hilltop Institute

On average, caregivers reported caring for their relative or friend for 9 years.



Source: The Hilltop Institute

Caregivers' average score on the Zarit Burden Scale (4 items) was 7, but many scores were significantly higher.



Source: The Hilltop Institute

Status and Next Steps

- Enrollment of caregivers ended on July 15, 2011
- Care managers are now completing a web-based survey to report their experience with the pilot
- Caregivers are now completing the 3-month follow-up mail survey to report on their experience with the pilot
- Telephone interviews are underway with New Jersey agency staff and key members of the project team on pilot implementation, perceived outcomes, and recommendations for replication
- Hilltop will complete the final evaluation report by the end of 2011

About The Hilltop Institute

The Hilltop Institute at the University of Maryland, Baltimore County (UMBC) is a nationally recognized research center dedicated to improving the health and wellbeing of vulnerable populations. Hilltop conducts research, analysis, and evaluations on behalf of government agencies, foundations, and nonprofit organizations at the national, state, and local levels.

www.hilltopinstitute.org

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